

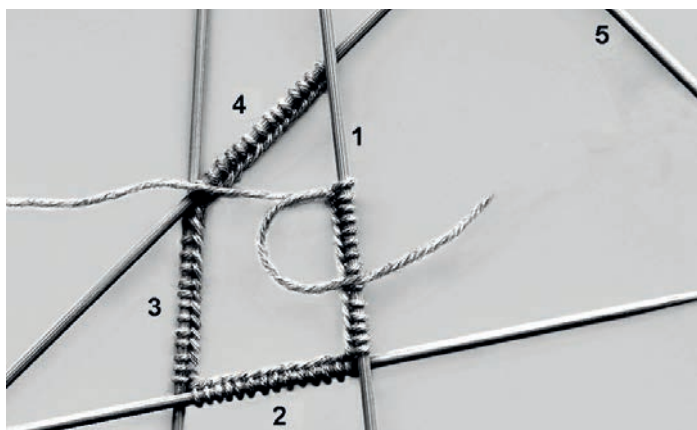
## Sock Guide - Regia 6-Ply



Handknit socks are a pleasure to make and to wear and they make great gifts. Are you new to sock knitting and not sure how to work the heel and toe of a sock? Not to worry!

Just follow our detailed instructions and you'll be a well-heeled sock knitter in no time.

### Sock Guide



**Casting on:** cast on the number of stitches required evenly across 4 double-pointed needles, or as given in the method. The round change is at center back, thus between Needles 4 and 1. This position is automatically marked by the initial thread.



**Now work the leg in rounds.** Work a short distance in rib pattern for welt (e.g. alt K1, P1, or alt K2, P2). The alternation of knit and purl stitches gives the welt some stretch. The leg can also be worked entirely in rib pattern, in stockinet stitch, or with pattern. Some patterns require more stitches than given in the table. After the leg work the foot.

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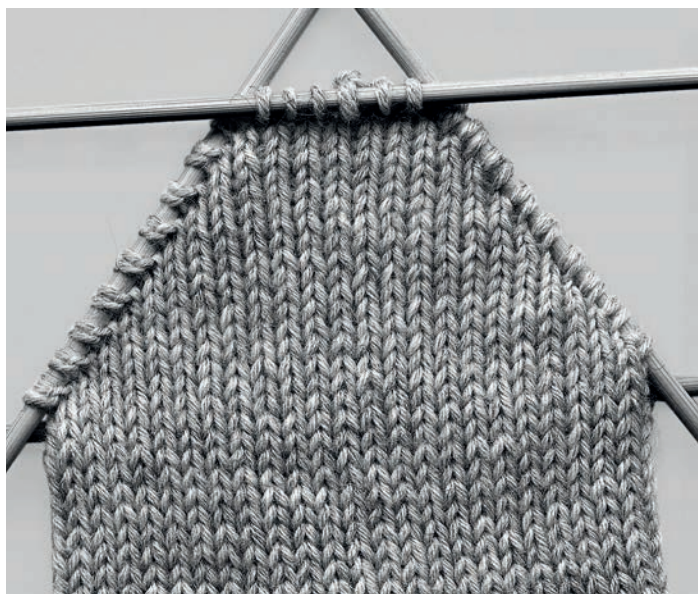
### ROUND HEEL

Work this heel in st-st in open rows over the stitches on Needles 1 and 4. For relief patts, work to about 1-2 cm before end of leg in st-st over stitches on Needles 1 and 4; cont in leg patt over stitches on Needles 2 and 3. At the same time, dec any excess stitches on Needles 1 and 4 on 1st round.

Arrange the heel stitches on 3 needles, see table "Stitches for Round Heel".

Then work short rows with wrap stitches as foll: the no. of wrap stitches worked on Needle 1 are before the 1st slash, the no. of wrap stitches worked on needle 4 are after 2nd slash. The no. of stitches of center piece is between the slashes, do not work wrap stitches over these stitches.

On 1st half of heel on Needle 1 work 1st wrap stitch tog with last stitch before Needle 2, and on Needle 4 work 1st wrap stitch tog with 1st stitch after Needle 3. On all foll rows work 1 stitch less at the end each of every RS row and of every WS row, and after turning work wrap stitches until just stitches of center panel rem. After 2 rounds over all stitches work over 2nd half of heel with short rows and wrap stitches in the opposite direction, thus on Needle 1 work 1st wrap stitch with 1st stitch after center panel, and last wrap stitch with last stitch on Needle 1; on Needle 4 on a RS row work 1st wrap stitch with 1st stitch after center panel, and last wrap stitch with 1st stitch on Needle 4.



### 1st half of heel

**Row 1 (RS row):** K all sts. on Needle 1, turn.

**Row 2 (WS row):** work wrap sts. as foll: hold yarn at front of work, insert needle into 1st st knitwise, then slip st and yarn tog, then take yarn firmly to back of work. This brings the st over the needle, forming a wrap st. If the yarn is not pulled back firmly enough, this will result in a hole. Bring yarn to front and P over rem sts. on Needle 1 and all sts. on Needle 4, turn.

**Row 3:** work 1 wrap st, then K all rem sts on Needles 4 and 1 to wrap st at end of row, leave wrap st unworked; turn.

**Row 4:** work 1 wrap st, then P again to the wrap st; turn.

**Rep rows 3 and 4** until just the sts of center panel rem.

Now work 2 rounds over all sts, K over sts. of heel, and work in leg patt over sts on Needles 2 and 3. At the same time, on 1st round pick up both parts of the wrap st and K as for 1 st. Then work 2nd half of heel.



### 2nd half of heel

**Row 1 (RS row):** K sts of center panel and the next st; turn.

**Row 2 (WS row):** work a wrap st. P rem sts of center panel and the next s., turn.

**Row 3:** work a wrap st. Now K to the wrap st, K this as given and K foll st., then turn.

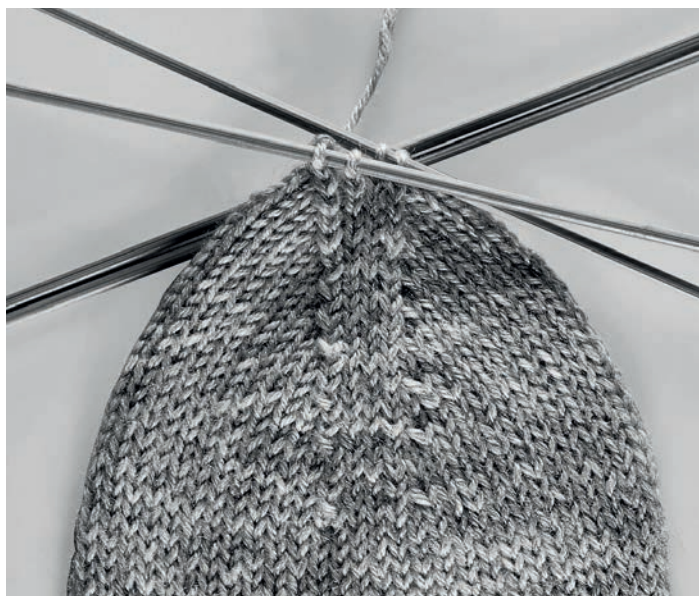
**Row 4:** work a wrap st. Now P to the wrap s., P this as given and P foll st, then turn.

**Rep rows 3-4** until wrap sts have been worked over the outer heel sts too.

After the last WS row turn and work 1 wrap st, K rem sts on Needle 4, then cont in rounds, and on 1st round K wrap sts as given.

Then work foot and toes as given.

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To work the toes work to 3 from end of Needles 1 and 3, then K2 tog, K last st; on Needles 2 and 4 K 1st st, then work a slip dec knitwise over the foll 2 sts. Rep these dec as given in the table, until just 8 sts remain. Pull up these sts firmly with the double yarn, or graft the sts of toe shaping together.

### Size Table for Socks with Regia 6-ply

Gauge: 22 sts. and 30 rows/rounds st-st, each to 10 cm [4"]

| Size   | 22/23  | 24/25 | 26/27 | 28/29 | 30/31 | 32/33 | 34/35 | 36/37 | 38/39 | 40/41  | 42/43  | 44/45  | 46/47  |      |
|--|--------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|--------|--------|------|
| Length of foot (cm)                              | 14.5   | 15.5  | 17    | 18    | 19.5  | 21    | 22    | 23.5  | 25    | 26.5   | 27.5   | 28.5   | 30     |      |
| Length of foot (Inch)                            | 5¾"    | 6"    | 6¾"   | 7"    | 7¾"   | 8¼"   | 8¾"   | 9¼"   | 9¾"   | 10¼"   | 10¾"   | 11¼"   | 11¾"   |      |
| Cast on (sts)                                    | 32     | 36    | 36    | 40    | 40    | 44    | 44    | 48    | 48    | 52     | 52     | 56     | 56     |      |
| Sts per needle                                   | 8      | 9     | 9     | 10    | 10    | 11    | 11    | 12    | 12    | 13     | 13     | 14     | 14     |      |
| Width of heel (sts)                              | 16     | 18    | 18    | 20    | 20    | 22    | 22    | 24    | 24    | 26     | 26     | 28     | 28     |      |
| Sts for round heel                               | 5/6/5  | 6/6/6 | 6/6/6 | 6/8/6 | 6/8/6 | 7/8/7 | 7/8/7 | 8/8/8 | 8/8/8 | 8/10/8 | 8/10/8 | 9/10/9 | 9/10/9 |      |
| Length of foot to start of toes                  | (cm)   | 12    | 12    | 13.5  | 14    | 15    | 16.5  | 17    | 18    | 20     | 21.5   | 22.5   | 23     | 24.5 |
|  | (Inch) | 4¾"   | 4¾"   | 5½"   | 5½"   | 6"    | 6½"   | 6¾"   | 7"    | 7¾"    | 8½"    | 8¾"    | 9"     | 9¾"  |
| <b>Decreases for toes after 1st decrease rnd</b> |        |       |       |       |       |       |       |       |       |        |        |        |        |      |
| In 3th rnd                                       | ---    | ---   | ---   | ---   | ---   | ---   | ---   | 1x    | 1x    | 1x     | 1x     | 1x     | 1x     |      |
| In every 2nd rnd                                 | 2x     | 3x    | 3x    | 3x    | 3x    | 4x    | 4x    | 4x    | 4x    | 4x     | 4x     | 4x     | 4x     |      |
| In every rnd                                     | 3x     | 3x    | 3x    | 4x    | 4x    | 4x    | 4x    | 4x    | 4x    | 5x     | 5x     | 6x     | 6x     |      |